

Employee Assistance Program Comparison



Essential SolutionsSM
with EAP

Stand-alone EAP

EAP Services:

Workplace Services for Human Resources,
Managers and Supervisors

- Workplace Risk Management
- Management Consultations/Training
- Job Performance Improvement
- Critical Incident Stress Management

Organizational Services

- Organizational Development

Employee and Family Services

- Counseling Services
- Addiction and Recovery

Worklife Services

- Financial Counseling
- Telephonic Legal Consultation
- Adult care Services
- Childcare Services
- School Assistance
- College Assistance
- Adoption Assistance
- Pet Care Program

EAP Models Available:

3/3 Integrated EAP Model

- 3 Counseling sessions with no copayment, then member rolls into Behavioral Health sessions with a copayment
- 3 Worklife sessions included

Behavioral Health Services:

Inpatient & Outpatient Management

Case Management

Disease Management for Depression and At-Risk
Alcohol Use

Advantages Include:

Integrated into Behavioral Health management to
maximize benefits

One telephone number for members to call

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EAP Models Available:

5/5/5 EAP Model -- Most Popular

- 5 Counseling sessions with no copayment
- 5 Counseling sessions with \$25 copayment
- 5 Worklife sessions included

Additional EAP Models

- 3/3/3 Model
- 3/5 Model

Customizable Options available upon request